Dear younger me

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Do you remember when you broke up with her and you thought it was the end of the world? Let me tell you something: it wasn't the end of the world, not even close. Maybe those few afternoons you had together, those few dates you had, and those few experiences you used to consider as your whole world were just a fraction of what the world is. What if I told you that there's so much more to life than what you experienced with her? Would you believe me?

Let me explain to you, I think about those misconceptions you had about love and I can't help but laugh. I mean, you were so in love with her that you thought you couldn't live without her. Perhaps you even consider her as your everything and the first time you felt alive. But let me tell you that there's more to life than just love. There's so much more to life than what you can imagine and I think it's time for you to open your eyes and see the world for what it is.

I don’t want to spoil your future for the things you will live within the next few years, it won't be the same as what you have now but it will be better and you will be able to see the world in a different light, with different eyes. I think it's time for you to see that the world is a beautiful place and there's so much more to life than what you have experienced so. You will meet incredible people, have nice experiences and you will find answers to your deepest questions about the universe, life, and yourself. Maybe your conclusion about couple love will defraud you or maybe not, but I think it's time for you to start living and stop existing in your little world and realized love can be found in everything, not just in a person.

In a certain way, love can be manifested in multiple ways, you will know how important it is to develop versatile ideologies, develop discipline and challenge yourself every day because those are the things that will make you grow as a person and will make fall in love with yourself, something you should have done a long time ago. Don’t ambition too high, you really know your limits, be realistic, but also don’t be afraid to dream and to fight for your dreams. Time is short, enjoy every moment we are living on this Earth, because we don’t know when it will end.

Don’t falter, life has multiple inflection points, some will make you feel like it’s the end of the world but it’s not, it’s just the end of a chapter of your life, so write a new one, a better one. Maybe a breakup feels like the sun hiding from you but don’t worry the sun will rise again, and when it does, you will be better, stronger, and able to face anything that comes your way.

Sincerely,

You older you.